

SWORD

Volume 33 • Number 16 • http:source/39ABW_PA/html/tos.html



Photo by Senior Airman James Seymore III Bo Benton, 39th Services Squadron youth sports director, reloads his shotgun at the skeet shooting range. The Incirlik community can test their skills by hitting targets at the range. See related story, Page 7.

NEWS

USAFE university: A new program recently instituted
Award: 728th transportation civilian receives Air Force-level award3
Hidden Heroes: Incirlik recognizes base's top volunteers
Back to school: Air Force lowers ASVAB scores, not standards 4
Top honors: MSS personnel receive Air-Force level awards

	THE STATE OF THE S	6		
			3	4
THE REAL PROPERTY.)

Photo by Senior Airman Dallas Edwards

Master Sgt. Larry Schneck, American Forces Network - Incirlik detachment chief, buys ice cream for his son David, 3, at the children's festival Sunday. Turkey was the first country to proclaim a national holiday just for children. This year marked the 84th anniversary of National Sovereignty and Children's Day. See related story, Page 6.

FEATURE

Children's festival: 10th Tanker Base and 39th ABW celebrate6

SPORTS

EDITORIAL

ASK MEHMET

COMMUNITY

The Incirlik Guide10

Compart and Special Interest 1 to
grams 10
Your Turn: Tips for travel during the
summer months11

Combat and Special Interest Pro-

Warrior of the Week11

On the cover:

Tech. Sgt. Jeanna Morgan, 39th Air Base Wing Command Chief Master Sergeant executive assistant, shows her son Jonathan Morgan, 8, how to swing a bat. Sergeant Morgan is a Combat Hidden Hero. See related story, Page 4. (Photo by Senior Airman James Seymore III)

Editorial Staff

Col. Michael Gardiner, 39th Air Base Wing Commander
Capt. Rickardo Bodden, Public Affairs Chief
Tech. Sgt. Melissa Phillips, Public Affairs NCOIC
Staff Sgt. Shanda De Anda, Internal Information, NCOIC
Staff Sgt. Elaine Aviles, External Information NCOIC
Airman 1st Class Stephanie Hammer, Editor
Mehmet Birbiri, Host Nation Adviser
10th Tanker Base Commander
Brig. Gen. H. Levent Turkmen

The 39th Air Base Wing Public Affairs staff prepares all editorial content in the *Tip of the Sword*. The 39th ABW Public Affairs Office (Unit 7090, Box 135, APO AE 09824-5153) is located in Building 833, Room 274. **Submissions:** The editor or other *Tip of the Sword* staff will edit or re-write material for clarity brevity or to conform with the Associated Press Style Guide, local policy and Air Force style as required by Air Force Instruction 35-101. Contributions for the Tip of the Sword can be made through e-mail to tip.sword@incirlik.af.mil. The editor can be reached at 676-6060. **Deadlines:** Submission deadlines are Wednesday, nine days, prior to publication date. If submissions are publishable, they run based on space available and priority. **Disclaimer:** The *Tip of the Sword* is printed by Kemal Matbaasi, a private firm in no way connected with the U.S. Air Force, under exclusive written agreement with the 39th Air Base Wing. This funded Air Force magazine is an authorized publication for members of the U.S. military overseas. Unless otherwise noted, photographs are Air Force photos. The *Tip of the Sword* uses information from the Armed Forces Information Service, Air Force News Service, U.S. Forces in Europe News Service and other sources. Contents of Tip of the Sword are not necessarily the official views of, or endorsed by, the U.S. government, Department of Defense or Department of the U.S. Air Force. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. **Contact Information:** To reach the 39th Air Base Wing Public Affairs staff, call 6-3217, fax 6-6492, e-mail tip.sword@incirlik.af.mil or stop by Building 833, Room 274.

School's in session at USAFE University

By Tech. Sgt. Mona Ferrell USAFE News Service

AMSTEIN AIR BASE, Germany – U.S. Air Forces in Europe members attending formal training and education courses will now do so under a new umbrella program instituted recently within the command.

The charter signing of USAFE University here April 16 is another step in ensuring the educational opportunities and programs offered to people within the command are of the highest quality, said Richard Power, USAFE University senior adviser to the commander.

"The prime directive of USAFE U. is to analytically focus on what we're doing in the USAFE education and training arena," Mr. Power said. "The program will generate career development learning experiences available at times and locations that meet Airmen's needs, enhance fulfillment of the command's combat program objectives and facilitate accomplishment of USAFE's mission. It brings to light a vision, which when instituted, will benefit each individual member of USAFE and provide enhancement to our overall mission."

The university, conceived and put into motion by Gen. Robert Foglesong, USAFE commander, will provide an umbrella for more than 600 educational courses and programs available to members within the command. More may be added as the university continues to grow.

"The most fundamental service we provide to our Airmen and to our officers is the opportunity to improve themselves professionally and personally," said General Foglesong. "USAFE University offers the opportunity to pull together the focus and needs of a great number of

areas – from civil engineering, medical corps, officer corps to advanced education – and gives us what we need to provide those opportunities which are the foundations of our success."

Just like any other institution of higher learning, the university will be presided by a president (USAFE commander) and board of trustees, said Mr. Power. The appointed trustees will advise the president on issues pertaining to the command's education and training programs.

"The university construct will provide the president and board of trustees an overall assessment on USAFE training and education programs to include: examining the effectiveness of individual training programs, provide a baseline training program for the instructor or facilitator force and ensure the university resources are being equitability distributed," he said.

And this new construct is something to be excited about, said General Foglesong.

"With USAFE University, we embark upon a thorough review of all that we do in USAFE education and training," he said. "It marks in time the development of a unique entity whose charter, mission, philosophy and vision set it apart from any previous endeavor of this nature.

"Our in-depth analysis and improvement of current programs, along with the creation of new programs, will enhance the professional development of an outstanding core of officer, NCO and civilian leaders," he continued. "Through USAFE University, we seek to ensure that we continue to develop future leaders, managers and supervisors with the knowledge, skills, experiences and abilities necessary to meet both today's and tomorrow's challenges."

AF recognizes Incirlik civilian as best in transportation

By 2nd Lt. Elizabeth Culbertson 39th Maintenance Group

Whenever someone passes through Incirlik's Air Mobility Command passenger terminal, they are likely to rely on the skills of one of Air Force's best.

Cengiz Kurgun, 728th Air Mobility Squadron transportation assistant, was selected as the Air Force Transportation Civilian Technician of the Year for 2003.

As a transportation assistant, Mr. Kurgun assists Turkish passport police and customs with translations, performs passenger service agent duties, performs fleet service and records management for AMC flights, and prepares timesheets and duty schedules for all passenger service Turkish nationals. His unique duties as an interpreter and translator separate him from many of his Air Force counterparts.

"The Incirlik Air Base team is happy to have



Photo by Senior Airman Dallas Edwards

Cengiz Kurgun (left), 728th Air Mobility Squadron transportation assistant, and Staff Sgt. Gregory Hicks, 728th AMS passenger service shift superviser, review paperwork. Mr. Kurgun was named the Air Force's transportation civilian technician of the year for 2003.

an outstanding person like Mr. Kurgun," said Tech. Sgt. Jeffrey Bragg, 728th AMS passenger service NCO in charge. "Mr. Kurgun is an outstanding professional, and he has performed passenger service duties for many years."

An important part of Mr. Kurgun's job is face time, which is fine by him.

"The best part of my job is working with the customers. I like to meet new people and help fulfill their travel needs," said Mr. Kurgun.

In the future, Mr. Kurgun hopes to work in AMC administration.

"I will try to continue to do my best for the Air Force," he said. "I really enjoy this job."



can be an avalanche of useless information, here you enjoy a relevant flow of information based on your

- ✓ Your portal, your way
- ✓ Get relevant information
- ✓ Put your bookmarks online

Activate Your Account Today https://my.af.mil



Top volunteers receive kudos

Although National Volunteer Week is dedicated to all volunteers, Incirlik chose 16 of its best for special honors during a reception

Three civilians earned Volunteer Excellence Awards and 13 military people received Military Outstanding Volunteer Service medals.

"The reception was a wonderful way to put the spotlight on our hard-working volunteers," said Christina Politte, 39th Mission Support Squadron family life specialist. "Although a few walked away with awards, all of our volunteers our winners. They're all making a difference."

For information about volunteer opportunities, call Ms. Politte at 6-6755.

The Military Outstanding Volunteer Service medal recipients are:

Capt. Anthony Duggan, Master Sgt. Garvis Leak and Tech. Sgt. Lillian Allshouse, 39th Mission Support Squadron; Maj. Steve Storch, Capt. Jeffrey Kronewitter, Tech. Sgt. Michael Brown, Tech. Sgt. Todd Miller and Staff Sgt. Caroline Wood, 39th Operations Squadron; 2nd Lt. Jeremy Hodges and Staff Sgt. Lucas Dechant, 39th Maintenance Squadron; Staff Sgt. Paul Hight, 728th Air Mobility Squadron; Tech Sgt. Donna Pena, 39th Air Base Wing; and Airman 1st Class Chad Stewart, 39th Security Forces Squadron.

The Volunteer Excellence Award recipients are:

Peggie Lawson, 39th Contracting Squadron; Dr. Jon Tabjie, 39th Medical Squadron; and Linda Wilson, 39th MSS.

ASVAB: Changes will not mean lower standards

By Staff Sgt. C. Todd Lopez Air Force Print News

job and interests.

ASHINGTON - The Air Force will adjust the cutoff score used to gauge new recruits taking the Armed Services Vocational Aptitude Battery in July.

The change – from 40 to 36 – does not mean the Air Force is lowering its standards, said Tina Strickland, chief of Air Force testing policy and research integration.

"We don't want people to think we are lowering the standard of quality coming into the Air Force," Ms. Strickland said. "It appears that way because 36 is lower than 40, but it will still be the same quality of applicants we are accepting into the Air Force today."

The change in cutoff is because Department of Defense officials are "renorming" the test, Ms. Strickland said.

Test takers get a raw score – the number of questions scored correctly. But, Ms. Strickland

said, DOD officials are more interested in where the test taker stacks up against a sample, or "normative," group of test takers. A population of 18- to-25-year-olds who took the test in 1980 is currently considered to be the normative group.

The test's score reported is actually a percentile, or a number indicating how many people the test taker scored higher than, Ms. Strickland said. If a recruit takes the test today and scores an 85 that actually means he did better on the test than 85 percent of the test takers in the 1980 group.

Ms. Strickland said the reason for the renorming is that the applicant population sampled in 1980 is no longer representative of today's applicants.

"Potential servicemembers in the last 20 years, simply put, have gotten smarter," Ms. Strickland said. "So the scores have shifted."

Beginning July 1, the DOD will renorm the test to reflect that shift. As a result, the same test scored on July 1 would get a slightly lower

score than if it was scored June 30.

"You may have gotten the same number of questions right, and your aptitude is the same — everything is the same actually — but your score converts to the new score scale," Ms. Strickland said.

"Some people think we are lowering standards because of the renorming, but we are not," Ms. Strickland said. "We will be enlisting the same quality servicemembers on July 1 as ... on June 30."

Besides the change in cutoff numbers for enlistees, Air Force officials will change the numbers already in the system for active-duty Airmen.

"To keep everybody consistent, we are going to convert everybody's numbers," Ms. Strickland said. "So your (score) and your maintenance, administrative, general and electronic scores will all be converted to be on the new scale."

Ms. Strickland said the change will go unnoticed by most Airmen.

39th MSS wins three Air Force awards

By Tech. Sgt. Melissa Phillips 39th Air Base Wing Public Affairs

Three 39th Mission Support Squadron people were recently honored with Air Forcelevel awards for doing what they do best: taking care of people.

Veronica Hinton, 39th MSS civilian personnel officer, was named 2003 Civilian Personnel officer of the Year, Master Sgt. William Stephenson, 39th MSS Family Support Center deputy director, was named 2003 Senior Family Support Center manager of the Year and Lisa Armes, who has since moved to Robins Air Force Base, Ga., was named the 2003 Intermediate Program manager of the Year.

"Each of these individuals are extremely talented, and, above all, know their jobs," said Maj. Cynthia Gaare, 39th MSS commander. "They stand out by being proactive professionals who make things happens."

All three 39th MSS workers were challenged by the build up for Operation Iraqi Freedom, the voluntary evacuation, the draw down for Operation Northern Watch and reductions in the civilian force along with carrying out their daily workload.

"I like being able to make a difference in people's lives," said Sergeant Stephenson. "There is nothing more satisfying than seeing the success of someone you've been able to help conquer a challenge."

Along with helping individuals, 39th MSS is charged with looking after the "big picture" of the work force as a whole.

One of the more trying moments for Ms. Hinton, who is in charge of human resources and administration for 700 U.S. and Turkish employees, was her part in reducing the civilian work force by approximately 120 workers after the completion of Operation Northern Watch and the wing to group transition.

"It doesn't get any easier with time or experience," Ms. Hinton said. "While each reduction is necessary based on our current mission, it is still difficult to terminate em-



Photo by Senior Airman Dallas Edwards Valerie Farris (left), 39th Mission Support Squadron Family Support Center assistant, and Master Sgt. Bill Stephenson, 39th MSS FSC deputy director, prepare for an upcoming seminar. Sergeant Stephenson was named 2003 Senior Family Support Center Manager of the Year.

ployees knowing that this is their livelihood and how important these jobs are, not only to the employee, but also their families."

Although she said it's been a trying year, she's expanded her job knowledge by working on a smaller base where more is demanded from her.

It's a point of contention the 9-and-a-half-year veteran takes pride in. "Even though I do not wear a uniform on a daily basis, my presence demonstrates that civilians are an integral part of Incirlik's total force," Ms. Hinton said.

On the other side of the base, Sergeant Stephenson was rallying his team as well. He arrived here six days prior to the voluntary dependent evacuation, lost his entire civilian workforce and was left to run the main family support center office and the Tent City annex for 24 hours a days, seven days a week with only three military personnel.

He credits his win to hard work and his relationship with his coworkers.

"I count on each and every staff member every day, just as they count on me," Sergeant Stephenson said. "There is no secret formula to success, but if there were, I think it would be something like, 'teamwork plus trust equals success."



Road closure

Seventh Street, between A and B Streets closes May 6 at 8 a.m. until May 7 at 4 p.m. in support of phase two of the 39th Communication Squadron's project to upgrade the communication cable distribution system. For more information, call Alfred Thomas, 39th Civil Engineer Squadron construction inspector, at 6-8020 or 6-3433.

School online registration

Parents can now register children for school at Incirlik online at www. registration.eu.odedodea.edu, or by going by the Incirlik Elementary School office, Building 2711. For more information, call Arlene Williams at 6-6449.

Special duty team

Anyone who missed the Air Education and Training Command Special Duty Briefing Team visit doesn't have to wait for the team's next visit to apply for an AETC special duty. For more information about recruiter opportunities or for an application, visit www.rs.af.mil, or call DSN 487-3511. For military training instructor information, visit www. Lackland.af.mil/737web/main.cfm or call DSN 487-1018. For more information, call Tech. Sgt. Roberta Williams, 39th Air Base Wing career assistance adviser at 6-1019.

Advanced degree program

The following are opportunities available for the 2005 National Reconnaissance Office Advanced Academic Degree Program:

- one master's degree in computer engineering
- one master's degree in aerospace engineering
- three master's degrees in electronic engineering
- three master's degrees in electronic engineering and space systems
 - two degrees in imaging sciences
- one non-thesis master's degree in contracting and ACQ management

Applications are due July 30. For more information, call Staff Sgt. Jodi Glassic at DSN 898-2390 or e-mail at safst.workforcedev@pentagon.af.mil

-Children's festival

Children come together at Arkadas Park to celebrate National Sovereignty and Children's day. The 10th Tanker Base hosted a children's festival Sunday and invited American children and families.



Photos by Senior Airman Dallas Edwards



Ibrahim Buyukbayram and his brother, Mehmet, box during the festival Sunday. This year marked the 84th anniversary of the dedication of a day to children under the chairmanship of Mustafa Kemal, or Ataturk.



Students from Gundogdu Elementary School perform a dance number Sunday. Turkey was the first country to proclaim a national holiday just for children. In 1979, Turkey began inviting children from every country to come and participate in it's children's day festivities.



Master Sgt. Larry Schneck, American Forces Network -Incirlik detachment chief, helps his son David, 3, into a bouncy castle at the children's festival Sunday. Turkey celebrates the holiday April 23 every year.



Photo by Senior Airman James Seymore III

Bo Benton, 39th Services Squadron youth sports director, aims for a clay bird at the skeet shooting range. The range offers open shooting Saturdays from 9 a.m. to 1 p.m. One round of skeet or trap is \$10.

On target

Outdoor Rec offers skeet and trap shooting

By 2nd Lt. Elizabeth Culbertson 39th Maintenance Group

The practiced stance, careful aim and the breathless moment as the trigger is pulled and the clay shatters — this is at the heart of skeet and trap.

Incirlik sharpshooters can test their skills at hitting targets at the base skeet and trap range.

The term "skeet" is from an old Scandinavian word meaning "to shoot." Skeet is a competitive target shooting sport that was created by a group of Massachusetts men in 1920.

In an effort to simulate the flight patterns of live birds, the men threw inanimate targets into the air and shot at them. What began as an effort to improve their aim for hunting season became a lively game and test of marksmanship.

"What I like about it (skeet and trap shooting) is that it tests your skill and precision," said Col. Michael Arnold, 39th Maintenance Group commander. "It's fun to compete and see how well you do against others."

Incirlik outdoor recreation offers trap as well as skeet shooting, which is subtly different.

The difference between skeet and trap is the layout of the field, said Marlyn Quade, 39th Services Squadron outdoor recreation director. In skeet, the clays are launched from both high and low houses at eight stations. Shooters have 24 shots and a miss allows them to use their 25th shell.

In trap, the clays are launched from a ground level house at each of the five stations and the direction of the clays is unknown to the shooter.

"This is good practice for folks who do a lot of bird hunting," said Mr. Quade.

Incirlik outdoor recreation offers open shooting at the skeet and trap range every Saturday from 9 a.m. until 1 p.m. People that don't own their own shotgun can contact outdoor recreation in advance to use one of theirs. One round of skeet or trap costs \$10.

Personnel are on hand to instruct people how to shoot properly and explain the procedures of the game.

"It's great fun, come give it a try," said Mr. Quade.

(Some information courtesy of the National Skeet Shooting Association Web site at www.mynssa.com)



Volleyball league – Intramural volleyball league is under way. Matches are 6:30, 7:30 and 8:30 p.m. at the fitness center. For more information, call 6-6086.

Scuba course — Outdoor recreation offers a scuba course, which includes training and Professional Association of Diving Instructors certification. Water training is provided in an indoor pool, plus four open water dives in Kizkalesi. Classes are ongoing. Cost is \$250. For more information, call Yasar Karalar, scuba instructor, at 6-6044 or e-mail incirlikdiving @yahoo.com.

Coaches needed — The youth center needs volunteers to coach youth baseball. The season runs through June 12. For more information, call Bo Benton, 39th Services Squadron recreation specialist, at 6-6670.

Bowling leagues — The Magic Carpet Bowling Center sponsors intramural league bowling Mondays and Tuesdays from 6 p.m. to 9 p.m. For more information, call 6-6789.

Rugby — Rugby enthusiasts meet Wednesdays at 6:30 p.m. and Saturdays at 5 p.m. at the high school sports field. Everyone is welcome. Instruction is provided for beginners. For more information, call the fitness center at 6-6086.

Skeet and trap shooting — Outdoor recreation offers skeet and trap shooting Tuesdays through Fridays by appointment. Open shooting begins Saturdays at 9 a.m. Cost is \$10, and includes shells and clays. For more information, call 6-6044.

Rhythmic gymnastics — Rhythmic gymnastics are offered Tuesdays and Thursdays at 4 p.m. for ages 5 and up. Cost is \$30 for members and \$35 for nonmembers. For more information, call the youth center at 6-6670.

Combat Hapkido – The fitness center sponsors Combat Hapkido Mondays and Wednesdays at 7:45 p.m. and Fridays at 6:30 p.m. For more information, call the fitness center at 6-6086.

COMMANDER'S COMMENTS

By Col. Michael Gardiner, 39th Air Base Wing commander

After a busy couple of weeks traveling to several of our geographically separated units, it was great to spend a whole week here at home. I was pleased to see so many of you turn out for the children's festival at Arkadas Park Sunday. It's always nice to have an opportunity to experience the continued hospitality of our host nation.

Euro Thunder results

I received the final Euro Thunder report last week, and I am extremely proud of Team Incirlik!

We had more people and units recognized for outstanding performance than the rest of U.S. Air Forces in Europe combined. The **39th Services Squadron Child Development Center** received the Inspector General's "Award of Excellence" - the first such award in a Euro Thunder — well done! The IG team members were enormously impressed by the CDC's emergency preparedness and mission focus.

Also, the following units and people received an IG "Pat on the Back: 39th Civil Engineer Squadron Explosive Ordnance Disposal response team; 39th Air Base Wing Command Post; 1st Lt. Benjamin Hettinga, 39th Security Forces Squadron flight commander; Staff Sgt. Jennifer Taylor, 39th SFS; Staff Sgt. Steven Willis, 39th SFS; Staff Sgt. Shanda De Anda, 39th ABW Public Affairs; and Airman 1st Class Adam Mastropaolo, 39th SFS.

I'm very proud of everyone's effort and performance. Super job!!!!

Customer College program

Congratulations to the following distinguished graduates of the Customer College program: **Kellie Velasquez**, Defense Reutilization Material Office, and **Sabrina Randle**, 39th Services Squadron librarian.

Spring Fling Block Party

The 39th Services Squadron is hosting a Project Cheer Spring Fling Block Party Friday from 12 to 6 p.m. at Arkadas Park. The party is an alternate duty location, so I encourage everyone to come out and enjoy free food, live Dixieland jazz music from The Wings of Dixie and bouncy castles for the kids.

Pet adoption

I visited the new stray animal facility Saturday, and was happy to see our folks involved in trying to help control the stray animal population here. I encourage anyone interested in adopting an animal to stop by the facility Saturdays from 9 to 10 a.m. The facility is also in need of donations ranging from kitty litter, food and toys to old blankets and laundry detergent. For more information, call Staff Sgt. Caroline Wood at 6-6072 or Staff Sgt. Adena Eberhardt at 6-1164.

Commentary: seatbelt sanity check

By Lt. Col. Greg Schwartz 14th Flying Training Wing chief of safety

COLUMBUS AIR FORCE BASE, Miss.

— The past few weeks have seen troubling trends in Air Education and Training Command as a whole.

We've lost five servicemembers and five more were seriously injured, including a 9-month-old child.

Out of three motorcycle accidents, one Airman was killed, and out of four attempted suicides, one was successful. A child nearly drowned in a backyard wading pool while left unattended and is in critical condition. As most of you are aware, two pilots were killed in an aircraft accident in Georgia.

Could all of these have been prevented? Maybe not; but I do believe some of them could have, and that is why I'm asking for your help today.

Perhaps none of these incidents happened near you, but could they? Statistics, if you believe them, tell us when you've been virtually mishap free for a long time, you are due.

I don't have much faith in statistics; they've never done me much good. If statistics were law, then someone owes me big time! e lost more than 50 people last year to motor-vehicle accidents in the Air Force. Eleven of those were not wearing their seatbelts ... That's where I really need your help. Buckle up because it's the smart thing to do, not just because it's the law."

By Lt. Col. Greg Schwartz 14th Flying Training Wing chief of safety

I do believe in trends, though, and I see potential trouble on the horizon. Spot checks from unit safety folks, as well as my own staff, show seatbelt usage is not what it should be.

This is where I need your help. I need someone out there to fill me in on why it's not a good idea to have a child in a seatbelt or a car seat, or why it's a good idea to take your seatbelt off once you pass through the gate on your way to town. I just can't come up with a reason that passes the sanity check.

What possible benefit do you get from

leaving your seatbelt hanging useless by your side? Can you get out of your car one second faster and save yourself six or seven seconds every day? Does the seatbelt wrinkle your dress or your jacket? Is it uncomfortable?

Or maybe it restricts your movement, and you can't reach into the back seat to pick up your child's toy while you're screaming down the interstate at 70 miles per hour.

And what about the children? Do they scream because they don't like being in those car seats? I know mine did, but they eventually got used to it.

Maybe they just don't realize that when your car is involved in a collision, it is going to stop ... now. If you aren't strapped into that car, you or your child will not stop. The windshield will slow you down a little.

We lost more than 50 people last year to motor-vehicle accidents in the Air Force. Eleven of those were not wearing their seatbelts.

Regulations require us to wear seatbelts while on base. I can enforce that. But if you take your seatbelt off when you leave the base, then I'm failing miserably.

That's where I really need your help. Buckle up because it's the smart thing to do, not just because it's the law.



Spicin' it up

Question: Mehmet, I know Turkey is one of those countries you can find plenty of spices. Where can I get spices in Adana? Secondly, to tell you the truth, I don't know what those spices are, what they look like and how they are used.

Response: We have all kinds of herbs and spices in Turkey, and they are used very widely.

You can find and get most spices in the spice section of the M1 Real and Carrefour SA shopping malls. Also, there are some shops in old Adana that specialize in herbs and spices called "cerci" (cher-chee).

You might have heard of a huge spice bazaar in Istanbul that sells spices to Turkey and Balkan countries. When you are in the area, the smell of the aromatic spices hits your nose from a distance and attracts you.

Below is a list of spices and aromatic herbs compiled from mymerhaba.com Web site that are common in Turkey. The Turkish spice name is included in parenthesis after it's American name.

Allspice (Yenibahar): It is a dried, unripe berry. It tastes like a mixture of cinnamon, nutmeg and cloves. Allspice complements beef, pork, chicken, sausages, meatballs, and various cakes and stewed fruit. It is effective against constipation.

Aniseed (Anason): The seeds are used widely in cooking. The "oil of anise" is often used in artificial licorice and gives its distinctive taste to liqueurs. Anise is used in many processed foods and cough medicine.

Basil (Feslegen): Basil is a herb strongly associated with Italian cooking. It complements tomatoes (cooked or as a salad), green vegetables, salads, soups, eggs, fish, cheese, lamb, pizza and pasta sauces.

Bay leaves (Defne): Bay leaves add extra flavor to stew, casseroles, minced meat dishes, fish poultry and some kinds of pickles.

Black pepper (Karabiber): Black pepper is obtained from the unripe green berries of a tropical vine, which become black when they



Photo by Senior Airman Dallas Edwards

Ibrahim Sudi Civan put spices in a bag at his shop in old Adana.

are dried in the sun. They have a warm, pungent nutmeg flavor and a hot, biting taste. You can sprinkle it into dishes at the end of cooking or at the table. Freshly ground pepper is more aromatic than packaged powders.

Celery powder (Kereviz tozu): Used in pickling vegetables, salad dressings, soups, sauces and tomatoes.

Cinnamon (Tarcin): Cinnamon is the peeled and curled inner bark of a tropical evergreen tree. It has a warm, sweet, woody aroma. Cinnamon in powder form is used in baked dishes, with fruits, some cakes, biscuits, puddings and in some beverages such as boza and salep.

Cloves (Karanfil): Cloves are the dried buds of a small evergreen tree. They have a strong and sweet pungent flavor. It is either used in grains, or ground and used to season stewed fruit, sweets, sorbets, cakes and ice cream. It is also used together with onions in some meat dishes.

Coriander seed (Kisnis): Coriander seed has a mild, sweet, slightly pungent, citrus-like flavor and complements pork, curries, Middle Eastern dishes, vegetables, stewed fruit, chutney, pickles, cakes, biscuits and lentils.

Cress (Tere): The leaves of cress are usually eaten fresh, used to make salads or decorate service plates.

Cumin (Kimyon): Cumin is usually used in ground form with meatballs and some meat dishes.

Currant (Kusuzumu): It looks like miniature grapes. The dried berries are used in pilav, dolma (stuffed pepper, grape leaves, cabbage) and in some puddings.

Dill (Dere otu): Dill is the favorite fresh herb after parsley. It is used in salad variations and dishes with olive oil. It is used to flavor baby cucumbers in pickling. Dill is an excellent herb for digestive problems and to relieve mild bowel disorders in general.

Funnel-black cumin (Corek otu): It looks like black sesame seeds. It is used over some biscuits and breads during the baking process. It can also be used in salads.

Garden Rocket (Roka): It is usually used for salad fish, either grilled or fried. Rocket is also used in decorating plates.

Ginger (Zencefil): Ginger is one of the most popular of the hot-tasting spices and is obtained from the root of a plant, which is indigenous to southern China. It is usually used in sorbet, soft drinks and liqueur.

Mahalep (Mahlep): It is the kernel of a species of wild cherry, which grows everywhere in Turkey and has an almond and slightly bitter taste. It is used to flavor pastries, cakes and puddings.

Mint (Nane): Classified as a carminative herb, peppermint has been used as a general digestive aid and for the treatment of indigestion and intestinal colic. Mint has a strong refreshing flavor, which adds an extra dimension to both sweet and savory dishes. Mint complements lamb, veal, new potatoes, peas, vegetables, salads, tomatoes, soups, jelly and fresh fruits.

Onion salt (Sogan tozu): It is obtained from fresh onion, which is dried with a special process. It is used on hamburgers, steak, chicken, pork and seafood before grilling or broiling. You can also add to spaghetti sauce, marinades, oil and vinegar dressings, or mix into salads and meat loaf.

Do you have a question about something Turkish? Ask Mehmet. To submit a question, call 6-6060 or e-mail mehmet.birbiri@incirlik.af.mil.



Today

Spring Fling — The services squadron hosts a Spring Fling event in Arkadas Park from noon to 4 p.m. The event is free and open to the Incirlik community. Special guests, Wings of Dixie, will provide musical entertainment as they celebrate the American tradition of Dixieland Jazz. For more information, call 39th Services Squadron at 6-8411.

APHA – The Asian Pacific Heritage Association is hosting a monthly membership potluck meeting from 6 to 8 p.m. at the elementary school. For more information, call Capt. Raul Viray at 6-8794.

Monday

Conversational Turkish —

The community center offers conversational Turkish classes Mondays and Wednesdays from 6 to 8 p.m. A fee is required and space is limited. For more information, call 6-6966.

Tuesday

Belly dancing — Belly dancing classes are available at the community center Tuesdays and Thursdays from 6 to 7 p.m. For more information, call 6-6966.

Wednesday

Dorm council meeting — The Incirlik Dorm Council meets May 5 at noon in the Piper Room at the club. The agenda includes discussion and formation of the council charter. For more information, call dorm council members Tech. Sgt. Ken Winfield at 6-8075, Tech. Sgt. Jennifer Smith at 6-3489 or Senior Airman Mima Bloy at 6-6482.

PTO meets - The Incirlik El-

ementary School Parent Teacher Organization meets at 2:30 p.m. in Room 112 at the elementary school. For more information, call 6-3109.

Saturday

Tumblin' Tots — The youth center sponsors Tumblin' Tots Saturdays from 1 to 2 p.m. Ages 2 to 4 are welcome. Cost is \$5 a month. For more information, call 6-6670.

2-for-1 bowling — Saturdays in May are 2-for-1 bowling days from 11 a.m. to 8 p.m. at the Incirlik bowling center. Cost for two hours of bowling is \$5 and includes shoes. For more information, call 6-9895.

Scrapbooking club — The scrapbooking club meets from noon to 4 p.m. Newcomers of all skill levels are welcome. For more information, call 6-3858.

Sunday

Catholic Mass — There is no Catholic Mass today. For more information, call Patty Heidlage at 6-3890.

Upcoming

Camp Fun Daze — Volunteers are needed during Camp Fun Daze May 8 from 1 to 4 p.m. at Arkadas Park. The camp provides camping basics for Incirlik Girl Scouts and Boy Scouts. For more information call Camp Fun Daze volunteers Chris Kunder at 6-5670 or April Rogers at 6-5748.

APHA – The Asian Pacific Heritage Association is hosting a Celebrasian May 8 from 4 to 7 p.m. at the community activities center. The cost is \$4 a plate with drinks. For more information, call Capt. Raul Viray at 6-8794.

Parent-Teacher-Student

Club — The Parent-Teacher-Student Club meets May 11 at 6 p.m. in the high school media center. For more information call Senior Master Sgt. John Herkel, 39th

Logistics Readiness Squadron Management and Systems Flight chief, at 6-6439.

Parent-Teacher-Student Club — Nominations for IAHS Parent-Teacher-Student Club board members are being accepted through May 11. Submit nominations to Senior Master Set, John Herlkel at 6-6439 or

cepted through May 11. Submit nominations to Senior Master Sgt. John Herlkel at 6-6439 or Tech. Sgt. Brown at 6-8144. Elections take place May 11 at 6 p.m. in the high school media center. For more information, call Sergeant Herkel at 6-6439.

School advisory committee —

The Incirlik Elementary School Advisory Committee meets May 13 at 2:30 p.m. in Room 118 of the elementary school. For more information, call 6-3109.

Annual Ball — The Zohri Temple Number 204 Potentate Ball is May 15 at 6 p.m. at the club. The cost is \$25, and babysitting services are provided by Studio 2B. For more information, call ball organizers Ronnie Sales at 6-6576, Lionel Maybin at 6-6740, or Edward

Grant at 6-2929.

Mountain bike trip – There is a mountain bike trip to Cappadocia at the end of May. The cost is \$25 a night, which includes breakfast, dinner and transportation. For more information, call David Small at 6-6888.

Ongoing

Base pool — The Incirlik pool is open. Open swim hours are Mondays, Wednesdays and Fridays from 1 to 6 p.m., Tuesdays and Thursdays from 1 to 8 p.m., and Saturdays and Sundays from 10 a.m. to 6 p.m. Lap swim hours are Mondays through Thursdays from 6 to 7 a.m. and from 11 a.m. to 1 p.m. Pool passes are on sale at outdoor recreation. For more information, call 6-6044.

Pet adoption – The stray animal facility is open Saturdays from 9 to 10 a.m. for pet adoptions. The facility is also in need of donations. For more information, call Staff Sgt. Caroline Wood at 6-6072, or Staff Sgt. Adena Eberhardt at 6-1164.



Tuesday

PWOC Spring Bible studies — Combat Touch hosts Protestant Women of the Chapel spring Bible studies

Tuesdays from 6:30 to 8 p.m., Wednesdays from noon to 1 p.m. and Fridays from 8:30 to 10 a.m. For more information, call Monica Matthews, PWOC president, at 6-2298.

Thursday

Project CHEER needs vol-

unteers — Project CHEER meets Thursdays at 3 p.m. in the services conference room. For more information, call 6-6441.

Ongoing

Hidden Heroes — Girl scout volunteers are needed for several positions. For more information, call Tech. Sgt. Donna Pena, overseas committee chair, at 6-6800.



Staff Sgt. Breanna Bowlds, 425th Air Base Squadron commanders support staff assistant NCO in charge

Time on station: Five months **Time in service:** Five years Hometown: Mountain Home, Idaho

Hobbies: Football, working out, reading and

photography

How do you contribute to the air base wing's mission? I'm a personnel liaison on all personnel issues between NATO, Izmir and Incirlik Air Base.

What do you like most about Izmir? The location and surroundings, and the friends I have made there.

Why did you join the Air Force? To travel and for the college benefits.

What's your favorite motto and why? "Ask not what your country can do for you, ask what you can do for your country." Because of the times we are in, people should stop complaining about why we are doing what we are doing in Iraq and instead ask, "how can I help."

What Air Force core value best describes you and why? Excellence in all we do. I put 110 percent into everything I do. If it is worth doing, do it right!

Supervisor's quote: "Staff Sgt. Bowlds has brought an experience level to the commander's support staff that has made an outstanding section that much better," said Senior Master Sgt. James Davis Jr., 425th ABS first sergeant. "Her can-do attitude and drive is what sets her apart from her peers. I can only say 'outstanding.""



For sale: Round iron patio table with four chairs, \$79. For more information, call 6-2198.

For sale: Goldstein upright piano. No piano bench. Asking \$1500 OBO. For more information, call 6-6479 or 6-2165 after 5 p.m. and ask for Jeremy or Lea.

Free to good home: Talker, a domestic shorthair cat, is free to a good home. Talker requires shots and AVID, an American Veterinarian Identification Device, for adoption. For more information, visit the stray animal facility in Building 6048 near the old tent city area Saturdays from 9 to 10 a.m. or call Staff Sgt. Caroline Wood, stray animal facility volunteer, at 6-6072.

For sale: 1990 Mercedes Benz, 190E, European specs. Excellent condition, 164,000 kilometers. \$3,000 OBO. Please call 459-2221 and leave a message or e-mail khilton158 @yahoo.com.

For sale: 1997 Dodge Neon. New transmission, a/c. Pioneer speakers, subwoofer, amplifier, and Kenwood CD player. Very good condition. For more information, call 457-1024 or 05377083963.

Found: IPOD. Please call Tech. Sgt. Jennifer Smith at 6-2050 or 6-3498 and tell her what's downloaded on the IPOD to get the IPOD back.

Job announcement: A full-time position for a computer operator clerk is available at Incirlik. Applicants must be a U.S. citizen, have or be able to obtain a secret clearance and have expertise in all facets of data input for digital manipulation, converting files operation of high-speed printers with bindery functions. Applicants should submit resumes to Terrv Notchick via e-mail tnotchick@alutiiq.com, or via fax toll free at (866) 241-1667. For more information, call Ms. Notchick toll free at (866) 259-9099 or visit www.fssalutiiq.com.

Education technician wanted: The Incirlik Education Office has a position for an assistant education technician position (solicitation number: FA5685-040T-0012) available. This is a contract position and applicants must apply no later than Friday. For more information or for a copy of the solicitation, call Senior Airman Dartamien Brown, 39th Contracting Squadron contract specialist, at 6-8075 or via e-mail at dartamein.brown @incirlik.af.mil.

Life guards needed: Full-time and part-time life guards are needed for the summer season at the base pool. These are contract positions. Turkish and U.S. applicants welcome. For more information, call outdoor recreation at 6-6044.



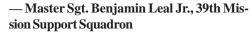
To submit a question for "Your Turn," call 6-6060 or e-mail tip.sword@incirlik.af.mil

What travel tips would you give Incirlik members going on a weekend getaway?

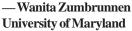
"Plan ahead of time to get the required amount of lira, so you can avoid automatic teller machines on the economy."

— Tech. Sgt. Anthony Garcia, 39th Mission Support Squadron

"Try to blend in by wearing conservative clothing. Plus, people should always travel together in a group of two or more, and if you take a long trip I suggest getting a rental car so it doesn't have tags with Americandesignated serial numbers."



"I encourage more people to travel off base and take advantage of the tours offered. Plus, have an open mind about getting acquainted with another culture."



"Take someone who speaks Turkish because it can mean the difference between paying 5 million lira or 50 million. Plus, fill up a gas can for those long trips."

- Senior Airman Jeremy Coleman, 39th Communications Squadron

"I've lived in Incirlik all my life. I urge Americans to get out and eat the traditional food and enjoy Turkish hospitality. Plus, the bus is the best way to go; it's less hassle."

Army Air Force Exchange Service employee



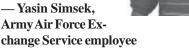






Photo by Senior Airman Michelle Miranda

Breakin' the mold

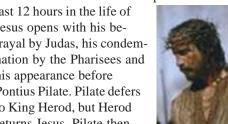
(Left) Staff Sgt. Veronica McClure, 39th Security Forces Squadron unit education training manager, and (Right) Sahin Arslan, military spouse, both paint ceramic items at the skills development center. The skills development ceramic center is open Tuesdays through Fridays from noon to 8 p.m. and Saturdays from noon to 5 p.m. and offers a variety of activities for people of all ages. For more information, call 6-3858.



At the Oasis **Today**

The Passion of the Christ (R) – Starring James Caviezel, Monica Bellucci and Rosalinda Celentano. This depiction of the

last 12 hours in the life of Jesus opens with his betrayal by Judas, his condemnation by the Pharisees and his appearance before Pontius Pilate. Pilate defers to King Herod, but Herod returns Jesus. Pilate then



asks the crowd to choose between Jesus and Barrabas. The crowd chooses Barrabas. Pilate washes his hands of the matter, and Jesus is forced to carry the cross through the streets to Golgotha where Roman soldiers crucify him. Showing at 7 p.m., 9:30 p.m. and midnight. (127 minutes).

Saturday

You Got Served (PG-13) – Starring Omari



Grandberry and Marques Houston. Hip-hop dancers, David and Elgin, are the best dancing duo

in town. But their reputations and friendship end up on the line when they face serious competition and are challenged in the biggest competition of the year. Showing at 5 p.m. (95 minutes)

The Passion of the Christ (R) – Starring James Caviezel, Monica Bellucci and Rosalinda Celentano. Showing at 7 p.m., 9:30 p.m. and midnight. (127 minutes).

Sunday

The Passion of the Christ (R) – Starring James Caviezel, Monica Bellucci and Rosalinda Celentano. Showing at 5 p.m. and 7 p.m. (127 minutes).

Monday

The Passion of the Christ (R) – Starring James Caviezel, Monica Bellucci and Rosalinda Celentano. Showing at 7 p.m. (127) minutes).

Thursday

Taking Lives (R) -Starring Angelina Jolie and Ethan Hawke. FBI Agent Scott doesn't rely



on traditional crime-solving techniques to unravel the mysteries of a murderous mind. When Montreal detectives ask for help to get inside the head of a cunning serial killer, she joins the case. She suddenly finds herself on a twisted and terrifying journey, surrounded by suspects in a case that has become chillingly personal. Showing at 7 p.m. (107 minutes).

At the M1

The Butterfly Effect (R) — 5 p.m., 7:15 p.m. and 9:30 p.m. (113 minutes)

Hidalgo (PG-13) — 11 a.m., 1:30 p.m., 4 p.m., 7 p.m., 9:30 p.m. and 11:45 p.m. (136 minutes)

50 First Dates (PG-13) — 11 a.m., 1 p.m., 3 p.m., 5 p.m., 7 p.m., 9 p.m. and 11:30 p.m. (87 minutes)

The Whole Ten Yards (PG-13) - Noon, 2:15 p.m., 4:45 p.m., 7:15 p.m. and 9:15 p.m. (99

Paycheck (PG-13) — 11:15 a.m., 1:30 p.m., 4:15 p.m., 6:30 p.m. and 9 p.m. (119 minutes)

For more information and updates, call the movie recording at 6-6986 or the theater office at 6-9140. The provision of movie information does not constitute an endorsement by the 39th Air Base Wing, U.S. government, Department of Defense or Department of the U.S. Air Force. For more information, call the theater at 6-6986.